

X-Tax Guide

Personal Grooming



Can I claim the cost of my personal grooming?

The simple answer in most cases the answer is NO, as the ATO deemed these to be “private” in nature and not deductible. Even if you have a role where your personal presentation is required to be above what you would do in your non-working life,

So expenses such as

- Make-up
- Hairdressing
- Hair spray
- Moisturisers
- Hair conditioners
- Facials
- Teeth whitening or straightening

Are not deductible as they are deemed to be private in nature,

There are some exceptions to this rule, for occupations such as:

- Aircraft cabin crew
- Cosmetic or Make-up artist
- Performing artist
- Adult Industry Workers

It is vital that you keep a copy of all receipts and details on how those products are used and when so that under an ATO audit, you can verify what has been used for work purposes compared to private use.



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